

Summer 2009 Swim Lessons (ages 5+)

Group swim lessons are available weekly from June 15 through August 14:

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|----------------------------|------------|-----------|
| June 15-19 | July 6-10 | Aug 3-7 |
| June 22-26 | July 13-17 | Aug 10-14 |
| June 29-Jul 2 ¹ | July 20-24 | |
| | July 27-31 | |

The lessons are held from 12:00 – 2:00 pm, Monday through Friday. Age range for group lessons is 5 through 11 years old. Lessons are 30 minutes each. Class size is limited to five students. Registration is first come, first served.

- Member cost: \$60/week
- Non-member cost: \$100/week

Payment is necessary to reserve a space in class. Payment **must** be received before lessons begin. There is no multiple child discount. There are no refunds.

Please make your check payable to the Cleveland Park Club and mail or hand deliver to:

Resident Manager
Cleveland Park Club
3433 33rd Street NW
Washington, DC 20008
Attn: CPC swim lessons

There are four levels of swim lessons available. Please register your children at the appropriate level based on their skills and experience.

Level I (12:00 - 12:30)²

This class introduces children to water and swimming. The class encourages children to swim (dogpaddle unaided with face in the water), breathe and be comfortable submerging and floating on their backs.

Level II (12:30 - 1:00)²

This class is aimed at children who are comfortable in the water but have limited swimming experience. The main goals are to swim freestyle with no breathing and to kick on the back unaided.

Level III (1:00 - 1:30)

This class introduces freestyle breathing and backstroke.

Level IV (1:30-2:00)

This class concentrates on mastering freestyle breathing and backstroke as well as introducing other strokes.

¹ There is no class on Friday, July 3rd. Pro-rated fees for this week are \$48 for members and \$80 for nonmembers.

² These lessons take place while the Cleveland Park Camp is in session. If your child is attending camp and going to swim lessons, the camp counselors will make sure that the campers get to their swim lessons. For the 12:00 -12:30 class, the camp counselors will make sure campers rejoin the camp for the last 30 minutes. If your child's lesson ends at 1:00 pm, you must pick them up from the pool area.



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Registration Form

Parent Name _____ Primary contact
Address _____
Phone: Home _____ Work _____ Cell _____
Email _____

Parent Name _____ Primary contact
Address _____
Phone: Home _____ Work _____ Cell _____
Email _____

Cleveland Park Club member? Yes No

If your child will be dropped off and/or picked up by someone other than a parent:

Name _____
Cell phone _____

Swimmer 1

Name _____
Age _____ Date of Birth _____
Weeks _____ Attending CPC camp during week(s) of swim lessons
Level _____
Allergies or other medical conditions _____

Swimmer 2

Name _____
Age _____ Date of Birth _____
Weeks _____ Attending CPC camp during week(s) of swim lessons
Level _____
Allergies or other medical conditions _____

Swimmer 3

Name _____
Age _____ Date of Birth _____
Weeks _____ Attending CPC camp during week(s) of swim lessons
Level _____
Allergies or other medical conditions _____

PAYMENT DUE AT TIME OF REGISTRATION. \$60/week for members; \$100/week for nonmembers. Week of June 29 -July 2 prorated at \$48/members and \$80/nonmembers. Please make your check payable to the Cleveland Park Club and mail or hand deliver to:

Resident Manager, Cleveland Park Club
3433 33rd Street NW
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TOTAL AMOUNT ENCLOSED: \$ _____ Check _____

Signature _____ Date _____