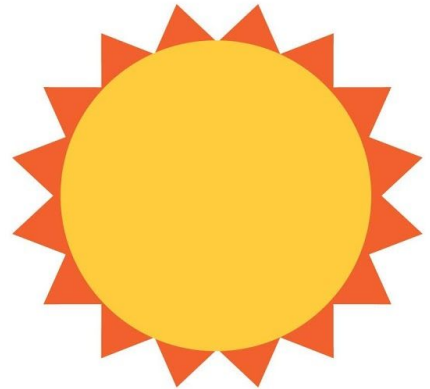


THE CAMP

@ Cleveland Park Club



Camper Handbook Summer 2018

Cleveland Park Club
3433 33rd Place NW
Washington, DC 20008
www.clevelandparkclub.org

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Camp

The Camp @ Cleveland Park Club offers a low-key, warm and welcoming setting for campers, CIT's and counselors. This informal summer program combines old-fashioned, self-directed play with organized, hands-on activities. Fun and educational activities vary with each week's theme.

Almost all activities take place outdoors. The Club has an expansive porch, sandbox, and brand new turf lawn. Campers can also swim every day in the Club's pool and, for an additional fee, take part in formal swim instruction.

The camp is intentionally small, with a maximum of 40 campers, CIT's and counselors per week.

Campers	Age 5-10
Counselors-in-Training	Age 11-12
Counselors	Age 13+

Camp @ Cleveland Park Club

Viran Ranasinghe, Director

Gabby Delgado, On-Site Director

camp@clevelandparkclub.org;
Emergencies only: 240-762-3997

Nana Asare , On-Site Assistant Director

Cleveland Park Club

Stephanie Bekchor, Alexandra Wisotsky
Co-Managers

manager@clevelandparkclub.org

Clubhouse landline

202-244-9332

Pool landline

202-363-6300

Important Dates

June 18 First day of camp

July 4 No camp

August 10 Last day of camp

Swim level assessment will be done during 1st class. Private assessments may be made upon request based on instructor availability.

Gabby Delgado

On-Site Director of the Camp @ Cleveland Park Club

My name is Gabby Delgado. I am most excited for this opportunity and adventure as new director of the Camp @ Cleveland Park Club. My passion is working with kids and helping them discover the fun and excitement involved in move and play! I model the fun and excitement in movement through my love of running. I have completed 7 marathons and 7 half marathons.

Professionally, I have over eight years work experience working with kids including management and running of camps and seasonal programs geared towards children ages 3-10 years old. Most recently, I developed successful kids and teen fitness programs at the Aspen Hill Club. The child care department at Aspen has seen steady growth under my direction. I have had the privilege of calling AHC home for the last seven years and I am thrilled to be on the Kaizen team in helping contribute to continued growth and success of the Camp at Cleveland Park! Let the Adventure Begin!!

WEEKLY THEMES AND EDUCATORS FOR 2018

Week 1: June 18 - June 22, CREATIVE WRITING led by Amore Learning

Whether your child is an avid writer or you hope they will become one, we promise a week of fun, imagination, and confidence-building in Creative Writing! Designed to reach elementary school writers of all enthusiasm and ability levels, this summer program will allow each camper to create a portfolio of pieces that range from silly to thoughtful to imaginative. We focus on having fun while boosting writing skills in a warm, nurturing, and exciting environment. www.amorelearning.com

Week 2: June 25 - June 29, ART CLUB: STILL LIFE, POP ART led by Cooking Thyme

Come join us for a week in the arts! Each day campers will explore a different "still life". Campers will make from scratch their snack, lunch and dessert made from the theme in the painting that day. Campers will then have the opportunity to make their own still life artwork during our fine motor activity time. Everyone knows Pop Art - and no Pop Artist is better known than Andy Warhol! Campers will make homemade Tomato Bisque from the still life we learn about that day. www.cookingthyme.com

Week 3: July 2 - July 6 (less July 4), SCIENCE ADVENTURES, led by Cedric Scott, teacher at Stoddert Elementary School

Is science your favorite subject? Do you enjoy helping other people? Would you like to study nutrition or food science? Are you interested in medicine and curing illnesses? Are you interested in different cultures throughout the world? Do you want to know how the human body works? Would you like to learn about chemistry? Do you want to know why people exhibit certain behaviors? Have you ever thought about forensics? Are you interested in education? Do you enjoy mysteries? Would you like to learn about how your brain works? If so, join "Soulful Science!"

Week 4: July 9 - July 13, ART CLUB: IMPRESSIONISM, led by Mudskippers Pottery

Join us as we explore the works from Impressionist artist. From Van Gogh to Monet we will learn about one of arts most popular movements! During this course we will hand build and glaze our own pottery. www.mudskipperspottery.com

Week 5: July 16 - July 20, BUSINESS CLUB, led by Junior Start-Up Lab

Entrepreneurs will make different products and how to earn money by selling those products. Entrepreneurs will also learn how to sell their products through an online store or traditional marketplace, and how to use free social media to advertise.

www.juniorstartuplab.com

Week 6: July 23 - July 27, MUSIC AND DANCE, led by Joy of Motion

Joy of Motion's dance class for Music Week is a joyful, kinetic experience that encourages skill building, focus, and creativity. This class is designed to provide an enriched dance experience in a supportive and safe environment, and to ensure each young dancer is developing a love and appreciation for dance that lasts a lifetime. The camp will have a jazz dance emphasis while campers learn choreography throughout the week. www.joyofmotion.org

Week 7: July 30 - August 3, LA COCINA: COOKING!, led by Cooking Thyme

Led by Cooking Thyme. Come join us in La Cocina (the kitchen)! This week in camp, campers will learn their recipes in both English and Spanish! Campers will be cooking up iconic Spanish foods from 5 different Spanish speaking countries! Pupusas from El Salvador and Cinnamon Apple Enchiladas from Mexico are just a couple of the delicious meals we will be cooking up! Nos vemos este verano! Your child does not need to know Spanish to attend this camp. www.cookingthyme.com

Week 8: August 6 - August 10, ART CLUB: MODERN ART, led by Mudskippers Pottery

Join us as we explore the works from Modern artist. From Picasso to Kahlo we will learn about the art movement where anything goes! During this course we will hand build and glaze our own pottery. www.mudskippers.com

Camper Daily Schedule

8:45-9:00	Campers arrive, Check In, and Kids Choice
9:00-9:15	Meet & Greet with staff, counselors, CIT's, campers* <ul style="list-style-type: none">• Ice breakers• Names• Camp Rules
9:15-10:30	Themed activities with guest educator
10:30-11:00	Snack and outside activities
11:00-11:45	Free swim and/or planned activity
11:45-12:00	Change after swimming, team games
12:00-12:45	Lunch and circle games
12:45-1:45	"Kids Pick" (pre-approved activities)
2:00-2:30	Free swim and/or planned activity
2:30-3:00	Snack and campfire discussion
3:00	Camper pick-up/Aftercare starts

*Mondays

Counselor & CIT Daily Schedule

8:15-8:30	Counselors and CIT's arrive and meet with staff <ul style="list-style-type: none">• Introductions and team building• Group assignments for the week• Job assignments for the week• Details about guest educator, hands-on activities, culminating project/activity
8:45-9:00	Check in/Kids Choice
9:00-9:15	Meet and Greet with staff, campers and CIT's* <ul style="list-style-type: none">• Ice breakers• Names• Rules for the Camp
9:15-10:30	Themed activities with the guest educator
10:30-11:00	Snack and outside activities
11:00-11:45	Free swim and/or planned activity
11:45-12:00	Change after swimming, team games
12:00-12:45	Lunch and circle games
12:45-1:45	Kids Pick (pre-approved activities)
2:00-2:30	Free swim and/or planned activity
2:30-3:15	Counselors and CITs clean up
3:15	Counselors, CIT's go home

*Mondays

Important Information

Arrival

Campers should arrive between 8:45 and 9:00 a.m. every day and use one of the Camp's two entrances:

3433 33rd Place NW – campers arriving on foot

3300 Ordway Street NW – campers arriving by car or on foot

If your camper is arriving by car, you must use the entrance at 3300 Ordway Street NW.

At no time should cars drive onto 33rd Place NW outside the Clubhouse nor should cars stop on Highland Place NW to drop off campers. This is both unsafe and a nuisance to neighbors.

Each entrance will have a prominent sandwich board sign that reads "Camp @ Cleveland Park Club" and camp personnel will be at both entrances to greet and direct your campers.

If you find you must arrive at camp before 8:45, please wait with your camper(s) outside of the clubhouse until it is time to start.

If you arrive after 9:00am we ask parents to park and walk their campers up to camp and check them in.

We cannot overemphasize the importance of having campers arrive to camp no later than 9:00 a.m. to begin the day with their peers. Otherwise, campers miss essential parts of the guest educators' presentations.

Departure

Camp dismisses at 3:00 p.m. each day. For afternoon pick-up, please follow the same guidelines:

3433 33rd Place NW – campers departing on foot

3300 Ordway Street NW – campers departing by car or on foot

Parents who are driving should park their cars on Ordway Street and walk up to the clubhouse to pick up campers

Parking is very limited and we ask parents to park on Ordway Street. The Camp @ Cleveland Park is not liable or responsible for any parking infractions that may occur during this time period.

Please use great care, patience and caution when dropping off or picking up campers, and when driving on nearby streets. Let's keep everyone safe! We thank you in advance for your cooperation.

Late Departure Fees

Campers not enrolled in aftercare that are not picked up by 3:10 will be brought to the office and attempts will be made to contact parents. Please note that a late fee of \$15.00 for the first 10 minutes, and an additional \$1.00 per minute thereafter will be charged.

Schedule Changes

If campers are going to be absent, arrive late or leave early, or have any change in their departure routine (e.g. go home with a friend or be picked up by a different person), you must notify Stephanie Bakchor or Alexandra Wisotsky at manager@clevelandparkclub.org or Gabby Delgado at camp@clevelandparkclub.org. For emergencies only Gabby can be reached at 240-762-3997.

Absences for reasons other than illness are strongly discouraged because campers miss valuable information about the weekly theme.

Clothing

The Camp @ Cleveland Park is very active and we want the campers to be comfortable. Please follow the dress code below:

- Sneakers are recommended- please avoid sending campers in open toed shoes, flip flops and/or hard bottomed shoes to prevent injury
- Clothing should cover the midriff area
- All shirts should have straps or sleeves
- Shorts should be worn under dresses and skirts
- Pack a bathing suit and towel for free swim (or campers may opt to wear dry suits to camp and bring a change of clothing)
- All personal items should be marked with campers' names

Lunch

Please send campers with a large water bottle and packed lunch (please label these items). Two snacks will be provided daily by the Camp. Please note that **The Camp @ Cleveland Park Club is a nut-free environment. Do not pack any nuts or products with nuts for lunch as some campers are allergic.** We do not have space to refrigerate lunches. Please include ice packs if needed.

Medicine and Illness

It is imperative that parents completely fill out the medical and emergency information on the Camper Information Form. The staff needs to be aware of any illness, special requirements, allergies, etc., to ensure campers have the best experience possible. Campers who are ill must remain home to ensure the wellbeing of other campers. A

doctor's note will be needed for your child to return to camp in the event of a serious illness. Please note that the staff is not allowed to dispense medication to campers.

Swim Test

All campers, CIT's and Counselors are required to pass the Club's swim test in order to swim in the deep end of the pool. If you do not want your children swimming in the deep end of the pool, please inform Gabby Delgado, Stephanie Bakchor or Alexandra Wisotsky.

Campers, CIT's and Counselors who are Club members and have already passed the swim test and received their green and white 2018 wrist bands do not need to re-take the test. However, they must wear their wrist bands to camp every day.

The swim test, which will be administered by a CP Club lifeguard, is as follows:

1. The swimmer will enter the deep end of the pool and immediately begin treading water for 60 seconds with head above water.
2. After the lifeguard calls time, the swimmer will immediately swim in a cleared lane to the shallow end, tap the tile, and swim back to the deep end wall, without break, touching the bottom or sides of the pool.

Lifeguards and camp staff will maintain a log of all campers, CIT's and counselors and their swim test status. Those passing the test will be issued a green and white wrist band indicating they may swim in the deep end. Wristbands should be kept and used throughout all camp weeks. Lost or damaged wristbands can be replaced by lifeguards.

Campers, CIT's and counselors who have not passed the swim test shall be prohibited from the deep end of the pool.

Swim tests will be given by the lifeguards any day, provided the lifeguard feels it is safe to do so.

Swim Instruction

Campers may take swim instruction during camp hours. Counselors and CIT's will escort campers to and from the pool. Campers will be responsible for changing into and out of their bathing suits. Campers may opt to wear dry suits to camp and pack a change of clothing. **Campers who participate in the Shark swim class from 2:30 to 3:00 p.m. must be picked up at the pool by their parents or caregivers.** For further information about swim instruction please visit clevelandparkclub.org or contact the club managers at manager@clevelandparkclub.org.

Rules and Courtesies

The Camp @ Cleveland Park Club takes pride in being a small neighborhood camp. We do not have a thick rulebook. However, in light of our need to protect and preserve the clubhouse and grounds, as well as respect our neighbors, we have established the following basic rules and common courtesies.

- Campers must adhere to the directions of CIT's, counselors and camp staff
- Running is only allowed on the turf
- Campers must stay on Club property
- No sitting, leaning, or jumping on any railings
- Shoes must be worn at all times, except in the pool area
- Only healthy snacks allowed at camp.
- Camp is nut free! No nuts or products with nut ingredients allowed.
- Always use proper language
- Campers must keep feet on the ground at all times
- Sand and toys must stay in the sandbox
- Always use your inside voice
- Pick up after yourself
- No electronic devices allowed!